



### **ESMPE European School for Medical Physics Experts**

# Quantitative MRI: basic principles, optimization, quality assurance

24th-26th October 2024, Milan, Italy

EFOMP in collaboration with the Italian Association of Medical Physics (AIFM) would like to invite you to the next ESMPE on **24**<sup>th</sup>-**26**<sup>th</sup> **October 2024**.

MRI is unquestionably the most complex but also the richest and most versatile imaging method. Although inherently quantitative, MRI has been used largely as a qualitative imaging technique, with the main limitation being the subjective nature of the results. An increasing number of diagnostic problems in clinical medicine require a quantitative assessment of tissue structure, physiology and function, which demand in-depth and systematic training.

This course is addressed at medical physicists who seek a general overview of the basic principles of MR imaging, from signal generation to image reconstruction, with a special focus on optimization and quantification techniques. Technological advances in hardware as well as in software will be presented, including advanced MR sequences used in clinical routine and artifact management. The importance of standardization in clinical quantitative MRI will be underlined and an emphasis will be placed on quality assurance and multicenter comparison, including safety aspects.

This two-and-half day event will be accredited by EBAMP (European Board of Accreditation for Medical Physics) and is intended for practicing clinical Medical Physicists who are involved in clinal MRI.

ESMPE have decided this event to be in a hybrid format. All talks will be given their on-site in Milan but participants can choose to attend the school on-site (limited number of participants) or online.

#### Content

MRI physics: signal generation, contrast, signal localization.
MRI technology
Clinical sequences and fast imaging techniques
Quantification in MRI, quantitative advanced techniques
Quality assurance in quantitative MRI
Metrology and intercomparison

#### Final exam

The final exam is voluntary. Participants can gain additional credits when successfully pass the test, seeking a higher level of certification beyond attendance.

#### **Organisers**

Brendan McClean (**Chair of the School**) Luisa Altabella, Ioannis Tsougos (**Scientific Chair**)



## **Faculty**

Luisa Altabella	Azienda Ospedaliera Universitaria Integrata Verona, Italy	
Simone Busoni	Azienda Ospedaliero-Universitaria Careggi, Firenze, Italy	
Gisela Hagberg	Max Planck institute, Tübingen, Germany	
Matt Hall	National Physical Laboratory, UK	
Alexander Leemans	University Medical Center Utrecht, The Netherlands	
Cristina Lenardi	Department of Physics, Università di Milano, Italy	
Lorenzo Nicola Mazzoni	AUSL Toscana Centro, Pistoia, Italy	
Brendan McClean	St Luke's Radiation Oncology Network, Dublin, Ireland.	
Roberto Sghedoni	Azienda USL - IRCCS di Reggio Emilia, Italy	
	University of Thessaly, Medical School, Greece –	
Ioannis Tsougos	King's College London, UK	
A.I —	Polis, Regione Lombardia	
Alberto Torresin	Department of Physics, Università di Milano, Italy	
Steve Williams	IoPPN, King's College London, UK	
Xavier Golay	Gold Standard Phantoms	
Pablo Garcia-Polo	General Electric	
Foteini Zacharopoulou	Siemens	
Mariya Doneva	Philips	





Thursday 24 <sup>th</sup> October 2024				
	Session	Title	Description	Lecturer
8:00-9:00	Registration			
9:00-9:15	Introduction	Setting the scene	Presentation of the ESMPE and introduction to the course	B. McClean C.Lenardi
9.15-10.00	MRI concepts	The Physical Basis of Nuclear Magnetic Resonance	Spin, magnetic moment, Larmor frequency,	A. Torresin
10:00-10.30	Coffee break			
10:30-11:15	MRI concepts	The Physical Basis of Nuclear Magnetic Resonance	Relaxation, signal generation	R.Sghedoni
11.15-12.00		Basics of Image Formation	Gradients, spatial encoding, phase and frequency encoding	L. Altabella
12:00-12:30			Question & Answer discussion on the morning lectures	All Faculty
12:30-14:00	Lunch break			
14.00-14.30	MRI concepts	Basics of Image Formation	Kspace, Image reconstruction, 2D 3D Imaging Basic MRI sequences	L. Altabella
14.30-15.00		Advanced Reconstruction Techniques	Sampling techniques Parallel imaging, Compressed sensing	L.N. Mazzoni
15.00-15.30	MRI Safety	MRI Safety	Basics and more	A. Torresin
15.30-16.00	Coffee break			
16.00-16:45	Quantitative techniques	Diffusion Prinicples	Introduction - Diffusion Sequences	A. Leemans
16:45-17:30	Interactive session	Guess the Artifacts	Interactive session	L.N.Mazzoni
17.30-18.00			Questions & Answers discussion on the afternoon lectures	All Faculty
20:00-23:00	Social dinner - participants + lecturers			



Please note: All times shown are in C



## Friday 25<sup>th</sup> October 2024

	Session	Title	Description	Lecturer
09:00-09:45	Quantitative techniques	Advanced Diffusion Techniques - Quantification	Quantification Software	A. Leemans
09:45-10:30		MR Perfusion	Techniques and applications	R. Sghedoni
10:30-11.00	Coffee break			
11:00 – 11:45	Quantitative techniques	fMRI	Basics, Applications and Pitfalls	S. Williams
11:45-12:30		MR Spectroscopy	Basics, Applications and Pitfalls	I. Tsougos
12:30-14:15			Lunch break	
14:15-14:45			Questions & Answers discussion on the morning lectures	All Faculty
14:45-15:30	Quantitative techniques	Quantitative MR – Mapping Part I	From T1 and T2 relaxometry to synthetic MRI. Magnetization Transfer (MT).	G. Hagberg
15:30-16:00		Coffee break		
16:00-16:45	Quantitative techniques	Quantitative MR – Mapping Part II	Quantification of magnetic susceptibility effects (QSM).  Quantification of (almost) everything through MR fingerprinting.	G. Hagberg
16:45-17:30	QA in qMRI	QA in advanced MR techniques	QA in Quantitative MRI	S. Williams / L. Altabella
17.30-18:00			Questions & Answers discussion on the afternoon lectures	All Faculty





Saturday 26 <sup>th</sup> October 2024				
	Session	Title	Description	Lecturer
09:00-9.45	QA and quantification	Metrology in MRI	MRI Metrology, Pitfalls and Challenges	M. Hall
09:45-10:30		Intercomparisons as quality tool for qMRI	Intercomparisons in MRI: organization, standardization of operating procedures, benefits	S. Busoni
10:30-11:00	Coffee break			
11:00-11.30	Imaging Biomarkers	Radiomics and AI	Radiomics and Al Applications in MRI	I. Tsougos
11.30-12.30	1.30-12.30 Company Presentations I	Application of metrology principles for the calibration of MR images	Gold Standard Phantoms	X. Golay
		Quantitative MR in the clinical routine	General Electric	P. Garcia Polo
Company 11.30-13.30 Presentations II	Challenges and opportunities in quantitative MRI	Philips	M. Doneva	
	Presentations II	MR Fingerprinting: An important leap for precision medicine	Siemens	F. Zacharopoulou
13.30-14.00			Questions and Answers discussion	All Faculty
14.00-15.00	Final examination (optional; for those seeking a higher number of CPDs beyond attendance)			







Course language	English
Level	Medical Physics Expert
Registration fee* (2 main meals, 5 coffee breaks, 1 social dinner)	300 € 350 € (from 30 September 2024)
Reduced registration fee*  • subsidized by EFOMP  • first-come, first-served policy	150 € - for the first 15 participants (max. 2 from one country) coming from the following European countries: Albania, Bosnia and Herzegovina, Bulgaria, Croatia, Estonia, Greece, Hungary, Latvia, Lithuania, Moldova, North Macedonia, Poland, Portugal, Romania, Serbia, Slovakia, Spain, Ukraine. 150€ - for 15 early career participants (Italy). Registration via AIFM
Maximum number of onsite/online participants	100/110
Duration	24 <sup>th</sup> -26 <sup>th</sup> October 2024
Study load	15 hours of lectures and demonstrations
Venue	Fondazione UNIMI, Viale Ortles, 22/4, 20139 Milano MI, ITALY
GPS coordinates	N 45° 26.364858 E 9° 12.342795
Accommodation	Participants are responsible for their own travel and accommodation arrangements
Information, programme at:	www.efomp.org
Registration	Electronic registration via EFOMP website
Registration period	20 <sup>nd</sup> January 2024 – 15 <sup>th</sup> October 2024 (20 <sup>th</sup> October 2024 for online participation only)

<sup>\*</sup> payment must be done in 7 days following the pre-registration, otherwise pre-registration will be cancelled and neither free place nor subsidized or ordinary fee can be granted for repeated registration

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